



ICC Pulse Podcast Assignment

Building Safety in Your Home Checklist

My house is built with ways to protect me and my family from extreme weather.

TIP: This may include a storm shelter, fire escape, basement or interior room without windows to seek refuge in the event of a tornado.

Our family has a plan to exit our home quickly in the event of a fire.

Our family has an emergency supply kit.

TIP: Most emergency kits include:

a seven day supply of freeze dried or non-perishable food for each person and family pets, emergency blankets, a manual can opener, wrench, pliers, and/or a multitool, a gravity water filter kit, iodine tablets first aid kit, flashlights, waterproof matches, candles with candle holder, medicine, a wind up or battery powered weather radio, extra batteries, a whistle to signal for help, dust mask, books, games and/or puzzles, and a good atlas or map of the United States.

We have appliances that are Energy-Star or Energy Guide certified.

TIP: You have one if you can spot labels that look like these:



Can you find your thermostat? What temperature is it set to?

TIP: Do you have a smart thermostat? Your parents can control one from their mobile device!

We use LED bulbs. How many are in your home?

TIP: Do you know why it's important to use LED bulbs? They save energy!

In the daytime, are your curtains open so that natural light shines through? This saves energy!

Power cords in my home are organized and do not create a tripping hazard.

Do you have a fire extinguisher?

Find your smoke detectors. How many are in your home?

TIP: When was the last time our parents changed the batteries? Have you tested them to make sure they are working? Be sure to check and ask your parents or guardians to test for you that way you will know what that sound is!

Have you reminded your parents to have your dryer vent cleaned annually?

Do you have carbon monoxide detectors? How many are in your home?

FACT: Carbon monoxide is an odorless gas. It is exhaust from combustion from items like a running vehicle, running small engines, stoves, lanterns, grills, fireplaces, or furnaces.

Do you have a fireplace? Circle Yes / No

TIP: The Chimney Safety Institute of America (CSIA) highly recommends both wood burning and gas fireplaces should be cleaned and inspected annually.

Are any of your bathroom or kitchen fixtures like faucets or showers leaking?

Do you have a yard sprinkler? Is it on a timer? Circle Yes / No

If you have a pool, do you have a fence? If so, does it close automatically? Circle Yes / No

Do you have brick on your home?

FACT: Brick is a great way to keep the structure of your home safe from extreme weather. Brick is made by mixing ground clay with water, forming into clay into the desired size, shape, drying them and firing them. Did you know that one of the oldest building materials ever are bricks? They can be dated back to 7,000 BC at archeological dig sites.

